



MARCH 2025

Archdiocese of New York Child Nutrition Program Pre-K – 8th

Monday

Three Bean Chili  
Brown Rice ½ cup  
Sweet Plantains, 1 cup  
Assorted Fruit, ½ cup  
Choice of Milk

3

Tuesday

Brunch for Lunch!  
Crispy Chicken Tenders  
& WG Waffles  
Sweet Potato Waffle Fries 1 cup  
Assorted Fruit, ½ cup  
Choice of Milk

4

Wednesday

Penne Pasta with  
Fish Nuggets  
Marinara Sauce 2oz  
w/WG Breadstick  
Green Beans, ¾ cup  
Assorted Fruit, ½ cup  
Choice of Milk

5

Thursday

Chicken Nuggets with  
Potato Wedges, ½ cup  
Roasted Zucchini, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

6

Friday

Cheese Pizza  
Sauteed Spinach ½ cup  
Chickpea Salad, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

7

Penne Pasta with  
Plant Based "Meat" Sauce  
Marinara Sauce 2oz  
WG Breadstick  
Green Beans, ¾ cup  
Assorted Fruit, ½ cup  
Choice of Milk

10

Beef Nachos  
Baked Tortilla Scoops  
Cheddar Cheese, Salsa  
Kidney Beans ½ cup  
Sweet Corn ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

11

Chicken Alfredo  
Penne Pasta ½ cup  
Garlicky Spinach ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

12

Beef Cheeseburger on Bun  
Sweet Potato Fries ½ cup  
Vegetarian Beans ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

13

Sicilian Pizza  
Greek Zucchini ½ cup  
Roasted Cauliflower ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

14

Vegetarian nuggets Teriyaki  
Roasted Broccoli ½ cup  
Steamed Carrots, ½ cup  
Brown Rice ½ cup  
Red Pepper Strips ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

17

Cheese Enchiladas  
Black Bean Salad, ½ cup  
Roasted Corn, ½ cup  
Enchiladas Sauce ¼ cup  
Assorted Fruit, ½ cup  
Choice of Milk

18

Sicilian Pizza  
Greek Zucchini Salad ½ cup  
Roasted Cauliflower ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

19

NYC Chopped Cheese Sandwich  
Seasoned Ground Beef w/ onions  
Shredded Lettuce & Cheese  
Baked French Fries ¾ Cup  
Assorted Fruit, ½ cup  
Choice of Milk

20

Penne Pasta with  
Fish Nuggets  
Marinara Sauce 2oz  
w/WG Breadstick  
Green Beans, ¾ cup  
Assorted Fruit, ½ cup  
Choice of Milk

21

Penne Pasta with  
Plant Based "Meat" Sauce  
Marinara Sauce 2oz  
WG Breadstick  
Green Beans, ¾ cup  
Assorted Fruit, ½ cup  
Choice of Milk

24

Chicken Fajitas  
Brown Rice ½ cup  
Black Bean Salad, ½ cup  
Sweet Plantain, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

25

Mozzarella Sticks  
Marinara Sauce 2oz  
Rotini Pasta  
Broccoli Florets ½ cup  
Cucumber Coins ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

26

Roasted Chicken  
Smile Fries ½ cup  
Green Beans, ½ cup  
WG Breadstick  
Assorted Fruit, ½ cup

27

Cheese Pizza  
Sauteed Spinach ½ cup  
Chickpea Salad, ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

28

French Toast Sticks & Syrup  
Plant Based Sausage & Egg Patty  
Sweet Potato Waffle Fries ½ cup  
Broccoli Florets ½ cup  
Assorted Fruit, ½ cup  
Choice of Milk

31

UPK Lunch Menu  
Meals Are Free For All Students



Available Daily

Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
(Mayo/Mustard)

Assorted Fruit Example

Fresh Fruit-1 Piece  
ex (apple or orange)  
Frozen Fruit Cup ½ cup  
Prepared Fruit Cup ½ cup  
Ex. (pear or applesauce)

Whole Grains

All grains offered on menu are whole grain.

Choice of Milk

1% 8 OZ  
Fat Free White-8 oz  
Strawberry & Chocolate

This Institution is an Equal Opportunity  
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Menu items are subject to change due  
to recent supply chain issues.